



RACE INSTRUCTIONS
SINGLEHAND
GARMIN ROUND DENMARK RACE INSHORE
START IN AARHUS

Dates

June 17th – 25th 2022

Venue

The Danish, Swedish and German waters

Organizers

**Shorthand Events, Sailing Aarhus
and Aarhus International Sailing Center.**

Any changes to these Race Instructions will be published on the Official Notice Board to be found on the event website – www.rounddenmarkrace.com

Verison: May 21, 2022

1 Rules

- The race is governed by the rules stated in the Garmin Round Denmark Race (GRDR) Event Regulations
- The special regulations for navigation in certain Danish, Swedish and German waters.
All traffic separations must be respected in accordance with COLREG rule 10. The competitors are required to pay attention to commercial traffic as well as to other competitors in the race.
- Navigation lights:
All participating boats must be equipped with fixed statutory navigation lights as described in COLREG rule 25(a) or 25(b).
This also applies to boats under 7 meters of length.

2 Rest time Rule

Rest time begins when the boat is stopped with no movement over ground and ends when the boat is moving again. The stop may be by anchor, buoy or moored in a harbor. If a participant does not comply with the rest time rules, he or she must immediately retire from the race.

2.1 Rest Time Rule 44/8

- 2.1.1 The race is divided into periods of 44 hours. Within these 44 hours, a minimum of 8 consecutive rest time hours must be taken. Thus, a maximum of 36 consecutive hours of sailing is allowed ($44 - 8 = 36$). It's allowed to apply the use of engine to get to the selected position for the stop when a participant is 0.5 Nautical Miles from the position. After the stop, the boat must return to the same position where the engine was applied before resuming racing. The 8 hours rest time of each period will be subtracted from the final elapsed sail time. Rest time above 8 hours for each 44 hours period will not be subtracted.
- 2.1.2 If a participant exceeds 36 hours of non-stop sailing or rests less than 8 hours, the following applies: A boat may sail up to 60 minutes over the 36 hours' time limit or the rest period is less than 8 hours but more than 7 hours, the next rest period must be of at least 10 hours.
This option may only be used once and only once during the entire race.
- 2.1.3 If a boat does not fulfill the requirements of rule 2.1.2 at the last stop before finishing, 2 hours will be added to the finishing time.
- 2.1.4 Exception:
If a boat is within 15 nm from the finishing line, the Rest Time Rule 44/8 does not apply any longer and the boat may continue to sail to finish the race.

3 Designated person ashore (shore crew)

It is mandatory for every single hand participant to have a Designated Person Ashore (DPA). The event management must be able to reach the DPA at any time (24/7) during the race. The DPA is not required to attend the Skippers meeting prior to the start or be present in Denmark during the race. See further in the GRDR Event Regulations:

“ADDITIONAL REQUIREMENTS IN SINGLEHANDED CATEGORY”

4 Schedule

Friday	June 17 th	06:00 – 10:00	Registration at Aarhus International Sailing Center
		07:00 – 10:00	Random safety check
		10:00	Mandatory “Skipper’s meeting”
		12:00	Starting signal – Single hand fleet.
Saturday	June 25 th	18:00	Award ceremony and regatta diner at Aarhus International Sailing Center

5 Registration and documents

All competitors must register at the Race Office, located in Aarhus International Sailing Center, Ester Aggebos Gade 80 not later than 10 hrs on Friday June 17th 2022.

At registration, the following documents must be presented (to be found on the Official Notice Board on the event web and to be prepared in advance):

- Crew list incl. shore crew (designated person ashore - DPA) and incl. safety declaration.

6 Mandatory Skipper’s meeting

The skipper’s meeting will take place at Aarhus International Sailing Center , Ester Aggebos Gade 80, DK 8000 Aarhus C. See schedule.

7 Messages to competitors

- 7.1 Messages for the participants concerning relevant changes, corrections and warnings are continuously displayed on the Official Notice Board. Important messages in connection with the start will be announced via VHF channel 72.
- 7.2 During the starting sequence, the event management will, if possible, communicate on VHF channel 72.

8 The course

All marks or islands to be left to starboard (except Start, Garmin Fly By marks and the Finish):

- **Start** (See Race Instructions 11)
- **GARMIN Fly By marks** (always to be left to port – See Race Instructions 10)
- **Skagen – cardinal BYB** – approx. position 57°43,9' N – 10°42,4' E
- **Sjælland**
- **Christiansø and Bornholm**
- **Falster and Lolland (Gedser)**
- **Funen**
- **Finish in Aarhus** (see Race Instruction 16)

9 Time limit

The time limit for completion of the race is Saturday June 25th at 18:00

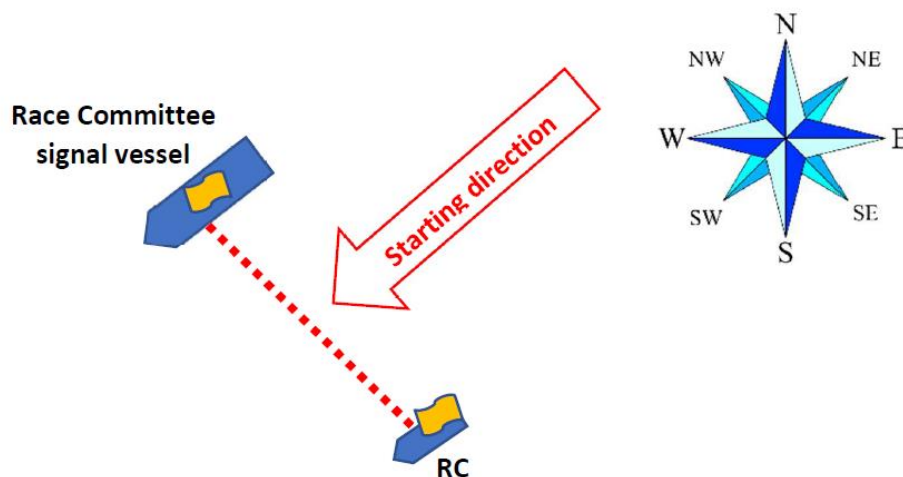
10 Starting area

- 10.1 The starting area will be approx. 0.5 nm outside Aarhus Lystbådehavn
- 10.2 Boats not in a starting procedure must keep clear of the starting area and boats already started.



11 Starting line

- 11.1 The starting line will be between an orange flag on the Race Committee signal vessel and an orange flag on a Race Committee RIB
- 11.2 The starting line must be crossed from northeast towards south west.



12 Starting signals displayed ashore

Time	Visual signal displayed ↑		Visual signal lowered ↓		Sound signal	Meaning
T - 5	5	↑			●	5 minutes to start
T - 4	4	↑	5	↓	●	4 minutes to start
T - 3	3	↑	4	↓	●	3 minutes to start
T - 2	2	↑	3	↓	●	2 minutes to start
T - 1	1	↑	2	↓	—	1 minut to start
0		↑	1	↓	●	Starting signal

13 Individual Recall (Jumping the gun)

There will be NO recalls. If any part of the hull, of the boats is at the other side of the starting line the boat will be penalized by 30 minutes in its finishing time.

No boats are allowed to return to a restart.

14 Postponement

If a start is postponed, information will be given by the event management on VHF channel 72 and by displaying flag AP.

If signal AP is displayed ashore with 2 sound signals it means:

The start has been postponed; first warning signal will be given not earlier than 60 minutes after AP is lowered with one sound signal.

If signal AP is displayed from the event management vessel with 2 sound signals it means: The start has been postponed; first warning signal will be given 1 minute after AP is lowered with one sound signal.

14 Late starters

Boats starting more than 60 minutes after the starting signal will be noted: Did Not Start.

Anyhow, if there is a good reason for the late start this must be communicated to the event management via VHF channel 72 or by phone to +45 53 83 78 27

15 Finishing

At least 30 minutes before the expected finishing time in Aarhus, participants must report an ETA to the event management. This may be done by Garmin Inreach sms, VHF channel 72 or sms to 45 53 83 78 27

16 The finishing line

Between an orange flag on the balcony of Aarhus International Sailing Center and a conical mark with GARMIN advertising.

When finishing the line must be crossed from east towards west.

Be aware of the limitations at the breakwaters.



17 Withdrawal from the race

A skipper/boat that withdraws from the race or in any other way suspends the race is obliged to state this to the event management on phone number:

+45 53 83 78 27 or text message (SMS) as soon as possible. When staying more than 24 hours in a harbor a boat will be considered to have withdrawn from the race.

18 Compensation for assistance to at boat in need

All participants in RDR are obliged to give all possible assistance they can for any person or vessel in danger. If such assistance is given during the race, a time compensation can be requested. The request must be based on a statement clarifying that your final ranking in RDR has been considerably affected because of the provided assistance. The request must be noted in the logbook with description of the incident.

19 Observing and reporting breaches of rules

- 19.1 A boat observing a breach of a rule related to the Round Denmark Race may report this observation to the Race Control via Garmin InReach sms or sms text message to +45 53 83 78 27
- 19.2 Further action, if any, will then be taken by the event management.
- 19.3 Penalties for breaches reported by a competitor or observed by the event management is at the discretion of the event management and may be anything from a warning, a time penalty, or a disqualification.

20 Media rights

By participating in the GRDR race competitors automatically grant to the event management and their sponsors the right in perpetuity to make, use and show, from time to time at their discretion, any pictures, motion pictures and live, taped or filmed television and other reproductions of the competitors during the period of the competition without compensation.



Useful contacts:

Event management (Bridge) phone or sms: +45 53 83 78 27
Can be reached 24/7 during the entire race.

Event management (Bridge) e-mail: raceoffice@sailing-aarhus.dk
Can be reached 24/7 during the entire race.

Document tracking:	
21th May 22	2. Rest time rule – last sentence added: <i>"If a participant does not comply with resttime rule..."</i>